

ARE YOU WORKING TO BURNOUT OR WORKING TO WELLNESS?
HOW TO REDUCE STRESS, ANXIETY AND BURNOUT
IN WORKFORCE DEVELOPMENT ORGANIZATIONS!

A webinar you can bring to your organization presented by

Larry Robbin

Executive Director of Robbin and Associates

larry@larryrobbin.com **www.LarryRobbin.com**

This is a very difficult time to be in the workforce development field. The pressure of Covid, the high numbers of unemployed people, lack of jobs, not enough funding and powerful barriers to employment are making it more difficult than ever to do our jobs. We are experiencing the highest levels of stress, anxiety and burnout in the history of the workforce development field. This not only has an impact on our ability to deliver the best services, but it also takes its toll on our mental, physical and emotional health. In addition, it is all too easy for the pressures of work to spill over into our lives outside of work and have a negative impact on our families and friends.

This situation calls for powerful intervention strategies that can help us get on track and work to wellness and not work to burnout. Generic strategies about how to approach these problems are often not relevant or effective for people in workforce development. You need approaches that are specifically geared toward staff and management that work in workforce development. That is what this webinar is all about.

You will learn the differences between stress, anxiety and burnout and how they develop in workforce organizations. Discover what needs to be done both on the individual and organizational levels to create proactive wellness strategies that work for people in our field. Get ideas about how management and staff can work together to create a healthier workplace that can overcome the challenges we face on a daily and long term basis as people in the workforce development field. This staff and management partnership can provide an ongoing antidote to the ever increasing negative forces that come into our work.

Learn about the best wellness practices used in the private sector and other workforce organizations around the country so you can put them into your work. Find out how to create a personal workforce wellness plan that will help you do your job in a different way so you can do it at the highest levels for the longest time. No matter what your job is and no matter what kind of program you have, if workforce development is a focus of your work this webinar will help you work to wellness and not work to burnout! To bring this webinar to your program email <mailto:larry@larryrobbin.com>.

This webinar is presented by Larry Robbin, Executive Director of Robbin and Associates. Larry has over forty-five years of workforce development national training, consulting and program development experience. He is widely regarded as a national expert in the workforce development field. Larry's services have been used by the Department of Labor, America's Job Centers, nonprofits, schools, government agencies, training providers, businesses and many other entities. He has trained more than 100,000 people, presented at over 500 conferences and done more than 300 webinars. Larry has done more training for the California Workforce Association and workforce programs in California than any other presenter.

Larry has done extensive research into the causes of stress, anxiety and burnout in workforce development programs. He has consulted and trained on wellness for many organizations. At the Genesis, Alcohol, Drug and Mental Clinic he started a workplace wellness project that worked with nonprofits, government agencies, businesses and other entities to improve wellness in these organizations. In addition, in his private sector work he has been a part of major corporate and business initiatives designed to improve workplace mental health. As the National Director of Training for a Fortune 500 manufacturing company, he organized a team that developed a very effective wellness program for over 10,000 employees that reduced absenteeism, improved retention, increased productivity and employee job satisfaction.

For more information about Larry, his services and his clients go to <http://www.LarryRobbin.com>. On the website you can subscribe to Larry's free workforce development newsletter that is read by more than 25,000 people. For a list of the webinars that Larry provides, email him at <mailto:larry@larryrobbin.com>.